

UW-Stout 2012 Outdoor Women's Track & Field Individual Results

Event/ Name	Pt Loma Open 3/17	NCC Open 3/30	UW-RF Dual 4/5	Falcon Invite 4/13-14 3rd of 9	Phil Esten Challenge 4/20 7th of 11	Winona Invite 4/21 5th of 7	St. Mary's Open 4/28	WIAC Champ. 5/4-5 6th of 9	Eagle Open 5/11	UW-La Last Chance 5/17	NCAA Champ. 5/24-26 55th
Team Scores											
100-dash											
Emma Haseman	13.84	x	x	13.18	13.24						
Tressa Retallick	14.23	x	13.65	13.68	13.56	x	13.93				
Megan Ward	x	x	13.27	13.12	x	x	13.27				
Jada Hamilton	x	x	13.61	13.77	13.56	x	13.95				
Katie Werner	x	x	14.60	14.59	14.64	x	14.98				
Alex Titterud	x	x	x	13.16							
Jessika Smith	x	x	x	x	12.96	x	x	12.85			
200-dash											
Jessika Smith	x	x	26.84	26.80	x	x	x	26.18	x	x	26.09
Cheyenne Gray	x	x	27.13	27.08	x	x	x	26.94			
Megan Ward	x	x	27.34								
Anne Guthrie	x	x	27.35	27.88	x	x	x	27.22	x	x	27.14
Heather Incauskis	x	x	27.79	27.81	x	x	x	27.35			
Jada Hamilton	x	x	28.37	28.18	27.78						
Tressa Retallick	x	x	28.53	28.02	28.25						
Katie Werner	x	x	30.89	30.07	30.30	x	30.94				
Katie Marshall	x	x	33.33	x	32.90						
Alex Titterud	x	x	x	26.66	x	x	27.37	26.32			
Emma Haseman	x	x	x	27.28							
400-dash											
Abby Bitzer	x	x	1:04.19								
Alexa Bitzer	x	x	1:05.61								
Alex Titterud	x	x	x	x	62.59	x	1:02.08				
800-run											
Mackenzie Koss	2:23.51	x	x	x	2:24.24						
Jacki Tarrence	2:28.46	x	x	2:35.89	2:24.94						
Abby Bitzer	x	x	x	2:22.78	2:23.69	x	x	2:23.91	x	2:28.74	
Allison Johnston	x	x	x	2:28.60	2:25.89						
Emily Baumann	x	x	x	2:33.26	2:31.87	x	2:27.81				
Brittany Scharmer	x	x	x	2:41.00	x	x	2:37.09				
Alexa Bitzer	x	x	x	2:28.00	2:23.84	x	2:24.51				
Ashlee Knight	x	x	x	2:38.00	x	x	2:36.92				
Heather Incauskis	x	x	x	2:34.01	x	x	x	2:44.09			
Anne Guthrie	x	x	x	2:33.67	x	x	x	2:30.94	x	x	2:38.04
Jessika Smith	x	x	x	2:37.40	x	x	x	2:36.40	x	x	2:31.79
Cheyenne Gray	x	x	x	2:55.06	x	x	x	2:41.87			
1500-run											
Katie Hicks	5:01.04	x	x	x	4:55.08						
Alexa Ahler	5:05.11	x	x	x	x	x	x	x	x	5:08.41	
Haleigh Flottmeyer	5:29.93										
Josie Petersson	5:31.68										
Mackenzie Koss	x	x	5:04.18								
Jacki Tarrance	x	x	5:05.69	5:05.33	x	x	4:52.72	4:46.81			
Allison Johnston	x	x	5:09.76	x	x	x	4:56.79	5:02.01			
Emily Baumann	x	x	5:22.41								
Julie Randle	x	x	5:24.40	x	x	x	5:20.31				
Brittany Scharmer	x	x	5:31.73	x	5:25.95						
Ashlee Knight	x	x	5:49.74	x	5:33.34						
3000-run											
x											
3000-steeplechase											
x											
5,000-run											
Katie Hicks	x	x	x	18:37.87	x	x	x	18:29.93			
Baillie Durkin	x	x	x	19:13.13							
Danielle Laine	x	x	x	19:51.80	x	x	x	x	x	19:27.79^	
Julie Randle	x	x	x	20:37.97							
Josie Petersson	x	x	x	x	x	x	x	x	x	19:14.68^	
Alexa Ahler	x	x	x	x	x	x	x	18:25.18			
Haleigh Flottmeyer	x	x	x	x	x	x	x	x	x	20:07.01	
10,000-run											
Alexa Ahler	x	38:09.92	x	x	x	x	x	38:57.88			
Katie Hicks	x	38:47.33	x	x	x	x	x	38:52.68			
Baillie Durkin	x	39:14.53									
Josie Peterson	x	x	x	x	40:19.47	x	x	40:44.51			
Haleigh Flottmeyer	x	x	x	x	x	x	x	41:27.50			
100-hurdles											
Cheyenne Gray	15.87	x	15.55	15.23	15.27	x	15.39	15.27/15.59			
Anne Guthrie	16.34	x	16.44	16.25	16.32	x	x	15.66	15.69	x	15.51
Jessika Smith	17.31	x	16.75	16.50	x	x	17.15	15.86	17.50	16.12	16.10
Heather Incauskis	17.74	x	17.04	17.01	17.27	x	16.70	16.29			
Xanath Guzman	x	x	18.34	18.44	18.47	x	18.46				
400-hurdles											
Sam Jahnke	x	x	1:12.40	68.72	72.83	x	1:09.95	1:08.21			
Xanath Guzman	x	x	1:16.87	75.34	76.57	x	1:15.30				

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Team Scores											
4x100-relay											
Stout 'A'	x	x	x	50.50	50.05	x	50.28	50.31			
Stout 'B'	x	x	x	x	53.72						
4x400-relay											
Stout 'A'	x	x	4:20.99	4:12.98	4:03.80	x	x	3:58.14			
Stout 'B'	x	x	4:28.63	4:13.68							
Stout 'C'	x	x	x	4:17.89							
4x800-relay											
Stout 'A'	x	x	x	x	x	x	x	9:48.93			
High jump											
Cheyenne Gray	5-01.75	x	x	4-11.50	4-11.50	x	x	4-11.00			
Anne Guthrie	5-01.75	x	x	5-01.75	x	x	x	5-03.75/4-11.00	x	x	5-03
Heather Inczauskis	4-07.75	x	x	5-00.50	4-11.50	x	x	5-01.25			
Megan Ward	x	x	4-09.75	5-03.00	5-01.25	x	4-11.75	5-01.00			
Jessika Smith	x	x	4-09.75	4-11.50	x	x	x	4-11.00	x	x	4-11.5
Pole vault											
Jodi Larson	8-11.75	x	9-11.75	11-03.75	x	11-06.25	11-00.25	11-01.50	11-01.75	11-01.75	
Sabrina Scoville	x	x	9-11.75	11-09.75	x	11-06.25	11-06.25	12-01.25	x	10-02.00	11-01.75, 18th
Andrea Krueger	x	x	8-11.75	10-10.00	x	11-00.25	11-06.25	10-07.50	11-01.75	11-07.75	11-01.75, 18th
Long jump											
Anne Guthrie	x	x	16-02.50	16-05.25	16-11.50	x	x	16-10.00	16-10.50	x	17-7.50
Cheyenne Gray	x	x	16-02.25	15-03.25	x	x	13-02.75	14-08.50			
Heather Inczauskis	x	x	15-05.00	15-00.00	x	x	14-06.50	15-10.50			
Jessika Smith	x	x	x	17-04.00	17-06.25	x	16-05.75	13-10.25/17-04.0	16-09.75	16-11.25	17-3.50
Emma Haseman	x	x	x	x	14-09.75						
Triple jump											
Genna Boeckmann	x	x	32-07.00	x	32-01.00						
Shot put											
Jessika Smith	x	x	38-08.25	38-02.25	x	x	35-06.50	38-11.75/36-03.0	x	x	36-11.75
Michelle Theisen	x	x	37-03.75	38-10.50	x	34-09.75	34-07.75	37-09.25			
Anne Guthrie	x	x	34-08.50	31-02.00	x	x	x	32-11.75	x	x	33-11.25
Brooke Loeffler	x	x	33-06.50								
Heather Inczauskis	x	x	32-07.00	32-06.50	x	x	x	33-03.75			
Cheyenne Gray	x	x	27-10.75	26-10.00	x	x	28-03.50	27-10.25			
Jackie Wilz	x	x	x	33-10.75	x	34-00.75	33-11.25				
Lyndsey Melcher	x	x	x	31-04.50	30-04.25						
Discus											
Michelle Theisen	x	x	11-09	117-01	x	112-10	115-00	78-10			
Lyndsey Melcher	x	x	96-09	99-02	101-08	x	90-06				
Brooke Loeffler	x	x	96-05	x	x	100-03	100-02				
Heather Inczauskis	x	x	91-04	x	96-08	x	105-02				
Jackie Wilz	x	x	x	125-02	x	108-09	113-05	119-01			
Meagan Ward	x	x	x	106-10	103-05	x	118-02	116-02			
Mallory Langfeldt	x	x	x	x	x	x	100-11	101-00			
Hammer throw											
Michelle Theisen	x	x	133-07	136-05	x	148-00	137-09	146-03			
Lyndsey Melcher	x	x	112-02	116-06	116-02	x	x	116-00			
Brooke Loeffler	x	x	88-05	x	82-09						
Jackie Wilz	x	x	x	115-05	x	125-10	127-06				
Javelin											
Jessika Smith	112-07	x	x	105-00	111-05	x	x	114-11/107-08	x	x	128-10*
Anne Guthrie	94-01	x	x	105-11	96-10	x	x	91-09	x	x	96-01
Heather Inczauskis	86-07	x	x	94-08	104-01	x	x	96-04/94-06			
Cheyenne Gray	82-07	x	x	56-05	83-10	x	x	86-11			
Brooke Loeffler	x	x	99-11	x	102-03	101-00	86-11	104-08			
Megan Ward	x	x	96-04	x	97-05	x	x	111-02			
Lyndsey Welcher	x	x	x	54-02	x	x	64-00				
Heptathlon											
Jessika Smith	x	x	x	x	x	x	x	x	x	x	4691, 8th
Anne Guthrie	x	x	x	x	x	x	x	x	x	x	4485, 12th

*=School Record

^=Personal Record

GINA relays-4/26-28

Alexa Ahler 5000 Meter Run 18:14.94^

UW-Oshkosh NCAA Qualifier -5/18

Andrea Krueger Pole Vault 12-05.50
Jodi Larson Pole Vault 11-05.75